

GRAD LINK

A Newsletter for Graduates of The Excellence Series Courses

Inside Passage... A Rich, Powerful and Life Enhancing Experience!

Inside Passage is an extraordinary program! It is a program designed to assist participants to “decide and declare, discover and create the best of who they are, and to create a means to inspire and guide participants where they get stuck and in times of challenge and struggle.”

In our search for new learning opportunities for our Graduates, **Jim Sorensen** highly recommended **Inside Passage**, a program designed and delivered by long-time Context Program Leaders, **Carol Peringer** and **Leigh Farrow**.

Nadia and I went to Seattle in January 2002 to assess the course as a graduate opportunity. Our conclusion, obviously, was very favourable. Eight months later, I

continue to reap the benefits of an enhanced relationship with myself in areas that I had literally struggled with for years! It has definitely proved to be an incredible life-enhancing experience for me.

Others I have connected with share this point of view. Here’s what some of our graduates of our first **Inside Passage** have to say...

“This is the first course I’ve taken that eased me past barriers I had to looking at myself with compassion, love and respect.”

Gordon Nettles

“This was the deepest I have gone in some key areas of my life to date. Magnificent!”

Jody Maxon

“This course has helped me uncover the person I was meant to be before life got in the way. I am forever grateful for it’s gentle guidance.”

Darlene Coulsen

“It was the right course at the right time for me. I needed to have compassion and forgiveness for myself in order to move forward. My Highest Directive defines who I am at my core and is very empowering.”

Susana Michaelis

We are pleased to be offering this course at an introductory tuition of \$795 until the end of this year. Class size is limited to 18 so register early!



Spiritual Life for Busy People: Six Steps to More Fulfillment Now

Does your life move at such a fast pace... as you meet the demands of your family, your job, your health, your responsibilities, and other challenges that you sometimes wonder:

How do I discover my greater depths?

In the time remaining to me here on Earth, what can I do to experience more love, joy and peace?

How can I get more out of life?

Join **Carol Peringer**, creator of the **Inside Passage** course (and former Context Associated Senior Program Leader) in a fun and informative workshop

as you explore the role spirituality can play in your life as you live with meaning and intention. Carol will outline six strategies you can use right now to live more wholly and joyfully in the world.

This workshop will be held at the **Nanaimo Golf Club** on **October 23** from **7:00–10:00 p.m.** and is free for those who have assisted programs for Vancouver Island Excellence Seminars between December 2001 and October 2002. It is our way of saying THANKS! We really couldn’t be leaders in providing choice educational opportunities without the dedication of all of you!

Phone (250) 755-7275 or 1-800-399-8081
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PUBLIC COURSE OFFERINGS: A Schedule

Courses scheduled between September and December 2002 are as follows:

The Advancement of Excellence with Anne Sands & Paul McWilliams in Prince Rupert: This course is open to anyone who has completed the Pursuit of Excellence and WALL for a tuition of \$595. It is also open to people who have completed the Excellence Series or graduate courses who want to audit the course. *Foundation Weekend* (Sept. 21–22), *Relationship Weekend* (Oct. 26–27) & *Commencement* (Nov. 16) will take place at the Crest Hotel. *Weekly meetings* will take place on Tuesdays.

The Advancement of Excellence with Pam Lewis in Nanaimo: This course is open to anyone who has completed the Pursuit of Excellence and WALL for a tuition of \$595 and it is available free of charge for those wanting to audit the course. *Foundation Weekend* (Sept. 28–29) & *Relationship Weekend* (Nov. 2–3) will take place at the Dorchester Hotel while *Commencement* (Nov. 23) will be celebrated at the Nanaimo Golf Club. *Weekly meetings* are normally scheduled on Thursdays.

The Pursuit of Excellence with Arlene Rannelli in Nanaimo will take place from *October 17–20* at the Coast Bastion Inn.

Assisting Workshop with Jody Maxon: Graduates of the Excellence Series are invited to get involved assisting programs. The next Assisting Workshop is scheduled for *Sunday, October 20* from 1:30 – 6:00 p.m. at the Dorchester Hotel in *Nanaimo*.

Spiritual Life for Busy People: Six Steps to More Fulfillment Now: Join **Carol Peringer**, creator of the *Inside Passage* course (and former Context Associated Senior Program Leader) in a fun and informative workshop as you explore the role spirituality can play in your life as you live with meaning and intention. This workshop will be held at the **Nanaimo Golf Club** on *October 23* from 7:00–10:00 p.m.

Inside Passage with Carol Perringer: “Inside Passage” will be offered for the second time on Vancouver Island *October 24–27, 2002* at the Ramada at Long Lake in *Nanaimo*. An introductory tuition of \$795.00 will be in effect until 2003.

The Pursuit of Excellence with Anne Sands in Prince Rupert will take place from *November 7–10* at the Crest Hotel.

The Pursuit of Excellence with Arlene Rannelli in Santa Fe, New Mexico will take place from *November 7–10*. Location to be decided.

The Pursuit of Excellence with Arlene Rannelli in Victoria will take place from *November 14–17* at the Executive House Hotel.

The WALL with Arlene Rannelli: The WALL will take place from *November 28–December 1, 2002* at the Ramada on Long Lake in *Nanaimo*. There will be a \$100 fee to audit the Wall.

Inside Passage with Carol Perringer: “Inside Passage” will be offered *December 5–8, 2002* at the Ramada at Long Lake in *Nanaimo*. The introductory tuition of \$795.00 will be offered for the last time for this program.

The WALL with Arlene Rannelli: The WALL will take place from *December 5–8, 2002* at the Crest Hotel in *Prince Rupert*. There will be a \$100 fee to audit the Wall.

Developing New Leadership On & Off the Island!

Delivering a dozen programs over three months last Spring along with opening up new geographical areas has awoken us to the need to develop a broader leadership base for our operations.

We are very pleased to welcome **Jody Maxon, Kerry Sim** and **Judith Voswinkel** to Vancouver Island Excellence Seminars. Jody joins our Vancouver Island team and will be playing a

leadership role in all aspects of our operation, from administration to leading programs. Kerry is launching the Excellence Series in Santa Fe, New Mexico while Judith is doing the same in Atlin, B.C. and in the Yukon. **Our first Pursuit of Excellence in Santa Fe is scheduled November 7-10, 2002 and in Whitehorse, January 23-26, 2003.** Jody, Kerry and Judith are participating in “Program Leader Training” launched September 6-8, 2002 in Nanaimo.

Other participants in Program Leader Training include: Ce Cayne and Alice Van Blokland (Victoria), Tom Olsen (Campbell River), Nadia Wnuk (Vancouver) and Theresa Wright (Shawnigan Lake).

As usual, Randy Revell’s leadership during our first weekend of Program Leader Training in Nanaimo was challenging, inspirational, and fun. His great insight was appreciated by all and will lead each of us to move forward more effectively and with more awareness as we embrace leadership roles in our lives.

Pam Lewis



Jody Maxon



Kerry Sim



Judith Voswinkel

OUR FIRST ANNUAL: Residential Pursuit of Excellence for Youth

Twenty-two youth ranging in age from 14-18 came together from all over British Columbia (and one came from Michigan) to participate in our first annual Residential Pursuit of Excellence for Youth.

The program took place at Camp Narnia in Shawnigan Lake from June 29 – July 1, 2002 under the leadership of Anne Sands, Program Leader, Jody Maxon and Bill Jennings, Team Leaders, and a very strong team of assistants all of whom were young adults in the process of completing or having recently completed their post-secondary education.

Feedback from participants as well as those parents we have since talked to reveals a strong foundation has been laid for many of these young people to be leaders in their lives.

In preparation for our Second Annual Pursuit of Excellence for Youth, we are redesigning curriculum in such a way as to make the learning process more active and more fun. As well, we will be working with leadership at Camp Narnia to incorporate some of their programming and recreational opportunities such as their “ropes challenge course”, mountain biking and horseback riding into our next offering.

Dates for our next Pursuit of Excellence for Youth are June 28-30, 2003. The group size for this program is limited so early registration is suggested.



2002 Upcoming Introductory Sessions

DATE	LOCATION	
Tuesday, September 17	Dorchester Hotel	Nanaimo
Tuesday, October 1	Dorchester Hotel	Nanaimo
Tuesday, October 8	Executive House Hotel	Victoria
Wednesday, October 16	Dorchester Hotel	Nanaimo
Tuesday, October 22	Executive House Hotel	Victoria
Thursday, October 24	Crest Hotel	Prince Rupert
Wednesday, October 30	Coast Bastion Inn	Nanaimo
Wednesday, November 6	Crest Hotel	Prince Rupert
Tuesday, November 12	Dorchester Hotel	Nanaimo
Wednesday, November 13	Executive House Hotel	Victoria
Wednesday, November 27	Executive House Hotel	Victoria
Wednesday, December 4	Crest Hotel	Prince Rupert

OUR THANKS!

We would like to wholeheartedly thank all those who have assisted programs since our last Newsletter. Our thanks go to:

The Wall (Victoria)

April 4-7, 2002

Michelle Belanger Laurie Boyle
Jill Lewis Elly Parker
Terri Pierroy Kevin Ronneseth
Lynne Ronneseth Alice Van Blokland

Inside Passage (Nanaimo)

April 11-14, 2002

Pam Lewis

The Wall (Prince Rupert)

April 17-20, 2002

Shelley Jackson Lori McWilliams
Paul McWilliams Anne Sands
Nadia Wnuk

The Wall (Prince Rupert)

April 21-24, 2002

Lori McWilliams Paul McWilliams
Anne Sands Nadia Wnuk

The Pursuit of Excellence (Vancouver)

April 25-28, 2002

Stan McLean Beth Phelps
Nadia Wnuk

The Advancement (Nanaimo)

April 20 - June 15, 2002

Keith Bergey Deanne Bergey
Elly Parker Gerry Pires
Donna Townsend

The Advancement (Prince Rupert)

May 4 - June 21, 2002

Shawn Kenmuir Lori McWilliams
Paul McWilliams Nadia Wnuk

Pursuit of Excellence (Nanaimo)

June 6-9, 2002

Leanne Clarkson Jill Lewis
Stella Lima Caroline McDonald
Gord Robbins Alice Van Blokland
Jody Webber

Pursuit of Excellence (Prince Rupert)

June 13-16, 2002

Davina Brodeur Lori McWilliams
Nadia Wnuk

The Wall (Nanaimo)

June 27-30, 2002

Stella Lima Catrina Malek
Terry Pierroy Alice Van Blokland

TEEN Pursuit (Shawnigan Lake)

June 29 - July 1, 2002

Tanya Borden Bill Jennings
Lee Levering Jody Maxon
Robyn Miller Spencer Reid

The Wall (Prince Rupert)

July 4-7, 2002

Lori McWilliams Dennis Rannelli
Lora Teuschler

Weddings, weddings and more weddings...

What a great way to start a summer... two weddings on June 21 by some of our "older" and some of our more "recent" grads...

Our congratulations to Mike Pepler and Colleen Samples who tied the knot on New Castle Island and to Kerry Sim and Kristelle MacQueen who exchanged their vows on the same day in Santa Fe, New Mexico!



Mike and Colleen met through a Vancouver Island Excellence Seminars event as did Oliver Sayah and Tanya Borden who married later in the summer in Atlin, B.C. on the porch of Judith and Stefan Voswinkle on August 10, 2002.

To all of you, our very best wishes for a rich, fulfilling life together!!!

How to Reach Us & Find Out More ...



We can be reached as follows:

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Up-to-date information on Upcoming Courses and Introductory Sessions can be found on our website located at:

www.excellenceseminars.com