

GRAD



LINK

A Newsletter for Graduates of The Excellence Series Courses

Business Partnership With Pathways Learning Group Leads to New Programming for Excellence Series Graduates on Vancouver Island!

Many of you may have heard some “buzz” around a new program called *Inside Passage*.

We are pleased to announce that Vancouver Island Excellence Seminars has created a new business partnership with Pathways Learning Group (PLG) which will involve PLG delivering adult education programs to serve graduates on Vancouver Island.

Carol Peringer and Leigh Farrell, the principals of Pathways Learning Group, were Program Leaders for Context Associated for many years. Both Carol and Leigh led Excellence Series and graduate courses (Mastery I and Leadership Skills Training) for about 15 years.

With the reorganization of Context Associated, Carol and Leigh formed their new company and have since designed two programs, *Inside Passage* and *Lighting the Path*. They have delivered them several times in Washington and Oregon over the past two years.

The feedback from Graduates of both programs is fantastic. We will be looking at the second program later this year. In the meantime, Nadia and I participated in *Inside Passage* and we are delighted to be bringing the program and Carol Peringer to our area.

Some of the valuable work participants do in *Inside Passage* is they “identify their own personal set of Instructions for Living”. As a company, Pathways Learning Group has done the same and I believe many of you, like me, will be attracted to their Operating Philosophy. It is as follows:

- We operate with integrity.
- We honor the uniqueness of each individual.
- Our strength is seeing people as whole and complete now.
- We operate with creativity and flexibility.
- Our work must reflect the highest and best versions of ourselves.
- We seek the best in each person and support that to its fullest expression.
- We remember to be grateful for all that comes our way.
- We work to maintain the quality of our products.
- We laugh. A lot.

Nadia and I found extraordinary value in *Inside Passage* and we look forward to assisting the first program April 11-14, 2002 at the Dorchester Hotel in Nanaimo. The program is being offered at an introductory tuition rate of \$795 and a class size limit of 21.

Pam Lewis
Director & Program Leader
Vancouver Island Excellence Seminars

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Public Course Offerings: A SCHEDULE

Courses scheduled between April and July 2002 are as follows:

The WALL with Arlene Rannelli: The WALL will take place from April 4-7, 2002 at 888 Fort Street in **Victoria**.

Inside Passage with Carol Peringer: "Inside Passage" will be offered for the first time on Vancouver Island April 11-14, 2002 at the Dorchester Hotel in **Nanaimo**. An introductory tuition of \$795.00 will be in effect for this program.

The WALL with Arlene Rannelli: The WALL will take place from April 17-20, 2002 at the Crest Hotel in **Prince Rupert**.

The Advancement of Excellence with Pam Lewis in Nanaimo: This course is open to anyone who has completed the Pursuit of Excellence and WALL for a tuition of \$595. It is also open to people who have completed the Excellence Series or graduate courses who are wanting to audit the course. *Foundation Weekend* (April 20-21), *Relationship Weekend* (May 25-26) and *Commencement* (June 15). *Weekly meetings* are normally scheduled on Thursdays.

The WALL with Arlene Rannelli: The WALL will take place from April 21-24, 2002 at the Crest Hotel in **Prince Rupert**.

The Pursuit of Excellence with Arlene Rannelli: The Pursuit of Excellence will take place from April 25-28 at the Holiday Inn on Broadway in **Vancouver**.

The Pursuit of Excellence with Anne Sands: The Pursuit of Excellence will take place from May 2-5, 2002 at the Executive House Hotel in **Victoria**.

The Advancement of Excellence with Pam Lewis, Paul McWilliams & Nadia Wnuk in Prince Rupert: This course is open to anyone who has completed the Pursuit of Excellence and WALL for a tuition of \$595. It is also open to people who have completed the Excellence Series or graduate courses who are wanting to audit the course. *Foundation Weekend* (May 4-5), *Relationship Weekend* (June 1-2) and *Commencement* (June 22). *Weekly meetings* TBA.

Assisting Workshop with Jody Maxon: Graduates of the Excellence Series are invited to get involved assisting programs. The next Assisting Workshop is scheduled for Saturday, June 1 from 9:00 – 1:00 p.m. at the Dorchester Hotel in Nanaimo.

The WALL with Arlene Rannelli: The WALL will take place from May 30-June 2 at the Holiday Inn on Broadway in **Vancouver**.

The Pursuit of Excellence with Arlene Rannelli: The Pursuit of Excellence will take place from June 6-9 at the Dorchester Hotel in **Nanaimo**.

The Pursuit of Excellence with Arlene Rannelli: The Pursuit of Excellence will take place from June 13-16 at the Crest Hotel in **Prince Rupert**.

The WALL with Arlene Rannelli: The WALL will take place from June 27-30, 2002 at the Dorchester Hotel in **Nanaimo**.

Teen Pursuit of Excellence with Anne Sands: A residential Pursuit of Excellence for teens from 14-18 years old will take place June 29-July 1 at Camp Narnia in **Shawnigan Lake, B.C.** Tuition, including room and board, is \$595.

The WALL with Arlene Rannelli: The WALL will take place from July 4-7, 2002 at the Crest Hotel in **Prince Rupert**.

Partnering with CAMP NARNIA to Create a RESIDENTIAL Pursuit of Excellence for YOUTH

Vancouver Island Excellence Seminars, in partnership with Camp Narnia, is pleased to offer *The Pursuit of Excellence for Youth* ages 14-18.

Camp Owners, Anton and Carol Voorhoeve (a medical doctor and a social worker) did the Excellence Series in the mid-1980s. They have since established very well respected Children's Camps founded on many of the principles of Context Associated.

Details of our first *Pursuit of Excellence for Youth* are as follows:

Who: Youth (14-18) interested in laying a strong foundation to be leaders in their lives.

What: A residential program, conducted over a three day period, in a camp setting. The full Pursuit of Excellence Seminar will be combined with evening campfires and lots of fun.

Where: Camp Narnia, Shawnigan Lake, B.C. (30 minutes south of Victoria or one hour north of Nanaimo).

When: June 29 – July 1, 2002.

Tuition: \$595 plus GST. This includes food and lodging.

Auditing: Participation in the *Pursuit of Excellence for Youth* entitles participants to "audit" the course at any time at no additional cost.

The group size for this program will be limited so early registration is suggested.

Upcoming Introductory Sessions

DATE	LOCATION	
Wed, Mar. 6	Dorchester Hotel	Nanaimo
Tues, Mar. 26	Dorchester Hotel	Nanaimo
Wed. Apr. 10	Executive House Hotel	Victoria
Wed, Apr. 24	Dorchester Hotel	Nanaimo
Wed, May 1	Executive House Hotel	Victoria
Tues, May 7	Holiday Inn on Broadway	Vancouver
Wed, May 8	Dorchester Hotel	Nanaimo
Tues, May 14	Executive House Hotel	Victoria
Tues, May 28	Dorchester Hotel	Nanaimo
Wed, June 5	Dorchester Hotel	Nanaimo
Wed, June 18	Dorchester Hotel	Nanaimo

INSIDE PASSAGE: The Journey of a Lifetime

“There is a fundamental difference between self-improvement and self-discovery. Self-improvement proceeds from the premise that you are incomplete and you need to fill a gap in your character. Self-discovery on the other hand, assumes that you are already whole and your purpose is to express more of who you are.” ALAN COHEN

Inside Passage is an exciting, self-honoring and compassionate process that will help you decide and declare, discover and create the best of who you are. It is different from any course you have ever taken, and provides new content and learning in an interactive and joyful atmosphere.

Come and explore:

- **Relationships:** Relationships are at the heart of everything we are and everything we experience. We have the greatest opportunity to learn and grow through our conscious relationships with others. *Inside Passage* provides ways to recognize and celebrate our similarities and differences, thus strengthening and invigorating all our relationships, including one of the most important of all—the relationship with ourselves.
- **Vision:** A powerful vision for the future gives an anchor during turbulent times. When this vision aligns with our mind, body, and soul it becomes even more powerful. Whether you’ve developed a personal vision for your future or not, *Inside Passage* will give you the means to create or enhance this vision and commit to it on a level that will inspire you in times of challenge and struggle.

- **Uniqueness and Authenticity:** It takes tremendous energy and stress to please others by covering up our true selves. True success involves a deep and abiding sense of inner acceptance and compassion. In this inspiring and challenging environment you will learn to identify and celebrate your authentic essence.



Carol Peringer.

- **Compassion:** Compassion is an overriding theme of *Inside Passage*. It is a vital part of revealing our true selves, practicing forgiveness, connecting with others and focusing on a vision. You will leave this seminar feeling a heightened sense of compassion towards yourself and others.
- **Forgiveness:** Forgiveness of self and others is acquired, it can be learned. Holding past hurts and grudges creates barriers to our growth. Forgiveness is a key strategy for increasing our personal power. During *Inside Passage*, we will show you a self-nurturing and honoring way to forgive by examining past experiences, decisions, and beliefs and releasing those that no longer serve you.

Leigh Farrell, Ph.D. and Carol Peringer
Pathways Learning Group

Our Thanks

We would like to wholeheartedly thank all those who have assisted programs since our last Newsletter. Our thanks go to:

The Wall

November 29 – December 2, 2001

Gerry Pires John Quee
Lora Teuschler Donna Townsend
Nasrolla Younessi

Advancement of Excellence

January 19 – March 9, 2002

Alice Van Blockland Shari Conway
Wayne Mulchan Gerry Pires
John Quee Donna Townsend

The Pursuit of Excellence

February 7 – 10, 2002

Terri Pierroroy Kevin Ronneseth
Lynn Ronneseth Ce Kane
Katherine Maldaner Nadia Wnuk
Lynda Wirchowski

The Pursuit of Excellence

February 14 – 17, 2002

Shelley Jackson Shawn Kenmuir
Kristelle McQueen Paul McWilliams
Kerry Sim Nadia Wnuk

The Pursuit of Excellence

February 21-24, 2002

Shawn Kenmuir Kristelle McQueen
Lori McWilliams Kerry Sim
Nadia Wnuk

The Pursuit of Excellence

March 7-10, 2002

Keith Bergey Stella Lima
Carlos Sperling Janet Hargrave
Maria Loeffler Jody Maxon
Rhonda McIntosh

WOW: The Power of Planning!!!

It is often said that what you can imagine, you can create. At our annual planning meeting in early December, Nadia, Anne, Lora and I imagined (and planned for) a doubling of the number of programs we offer in 2002 over 2001.

Well, the tally isn't in yet but between January and July 2002, we have delivered or scheduled 19 programs, up from 12 in the same time period last year!

Needless to say, we are pleased. We do believe that together with all our wonderful graduates, we are strengthening the fabric of goodwill that exists in the world through commitment to lifelong learning.



And, you may have guessed from the picture (taken at the end of our planning meeting), we are managing to have fun and lots of laughs in the process.

Thanks a million to all of you!!!

Pam, Nadia,
Anne & Lora

How to Reach Us & Find Out More ...



We can be reached as follows:

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Up-to-date information on Upcoming Courses and Introductory Sessions can be found on our website located at:

www.TakeThePursuit.com